

Legal Services Industry at Work

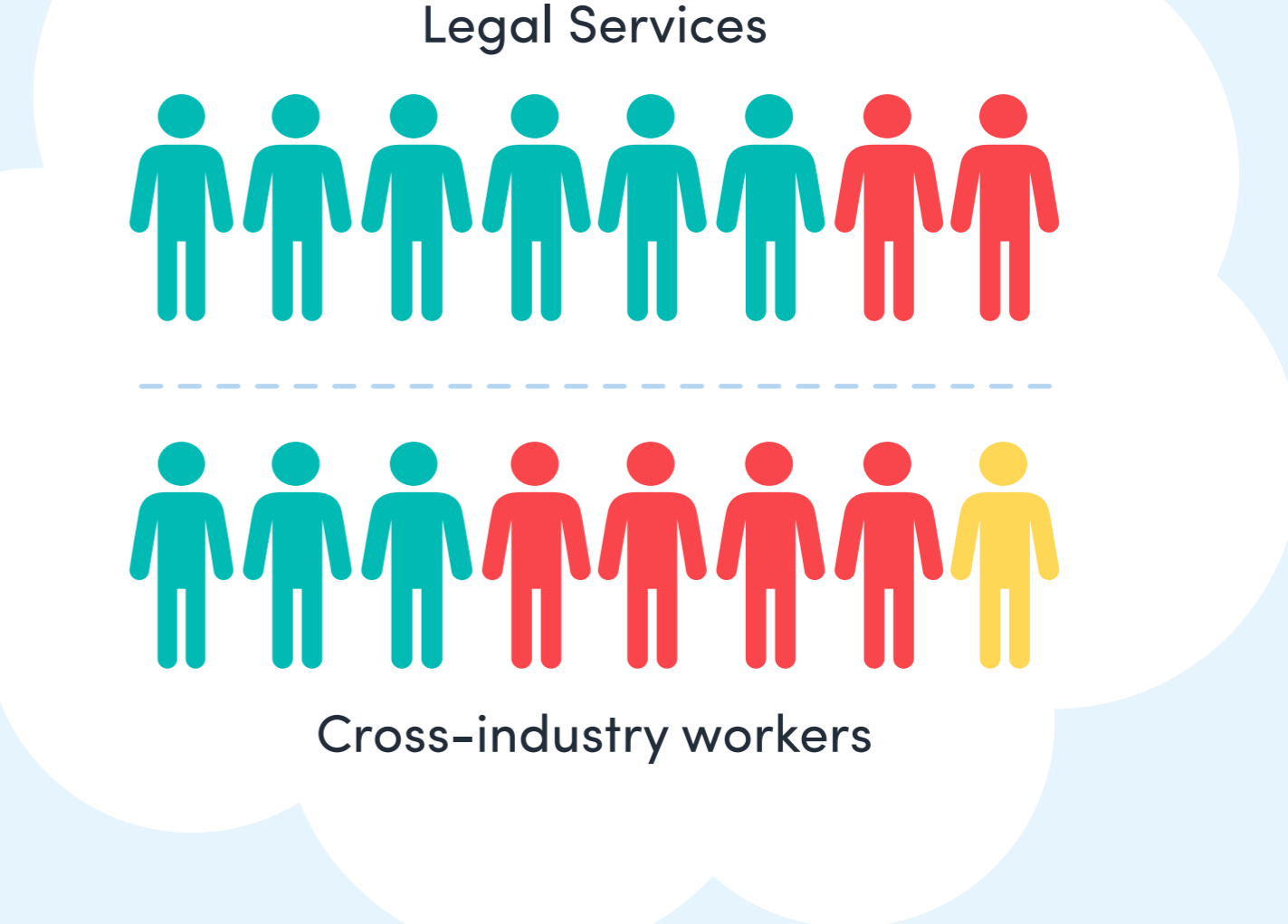
We analyzed **446,020** hours from **892** Legal Services employees to find out how they spend their time.

Productivity benchmarks

Hours				Workload				
6.8	4.9	0.5	1.4	70%	25%	5%	4	27
Productive	Focused	Collaborating	Multitasking	Healthy	Overutilized	Underutilized	# of breaks	Minutes per break

Workload trends in the Legal Services industry appear to reflect positive habits.

80% of Legal Services employees are in the healthy¹ utilization zone. That's **23% higher** than the cross-industry sample.



20% of employees are overutilized which is **35% lower** than the cross-industry sample; **0%** of employees are underutilized.

¹ Healthy: when a user is within +/-% threshold of their productive hrs/day goal (default 30%)
 Overutilized: when a user is more than % threshold of their productive hrs/day goal (default 30%)
 Underutilized: when a user is less than % threshold of their productive hrs/day goal (default 30%)

While these numbers are encouraging and likely indicative of healthy workload balance, it is important to engage employees in **one-on-ones** to understand when and where burnout risk may exist.



Employees in the Legal Services industry manage to carve out more focus time compared to their cross-industry peers.

The average focus session² for these employees is approximately 16 minutes, 15% higher than the cross-industry sample.

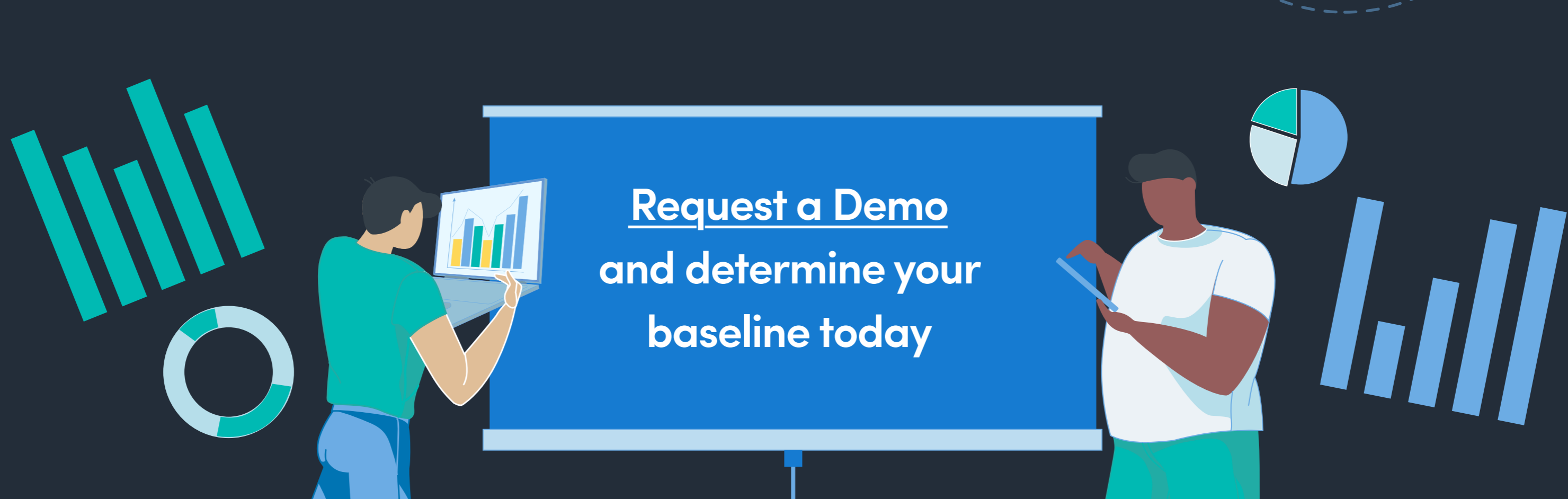


Still, Legal Services employees are not free from distractions. The top two distraction sources are office tools and collaboration tools, causing over **160 interruptions per day**.

² Average time employees operate without multitasking (interruptions or attention shifts) and collaboration activities.

Companies have a lot to gain from understanding the work habits of their employees.

How do you measure up?



Already an ActivTrak customer?
 Connect with your customer success manager to assess your productivity customersuccess@activtrak.com

Unlock productivity in your Legal Services organization

Position your organization to achieve sustainable productivity and promote employee well-being with the ACT framework.

Acquire Context
Communicate Findings
Take Action

Learn how to take ACTION [here](#)

Methodology

This infographic is based on quantitative data collected via ActivTrak's workforce analytics platform. It reflects actual user behavior recorded over a six month period through a uniquely coded intelligent agent network. To better understand a range of industries, we compared an industry subset to an overall data set.

Legal Services Subset	Overall Data Set
892 employees	68,299 employees
446,020 hours	44,183,580 hours

About ActivTrak and The Productivity Lab

ActivTrak helps digital workforces work wiser and thrive. More than 9,000 customers and 550,000 users have deployed our workforce analytics platform to gain insights and metrics about digital work so they can measure and optimize productivity and wellness with the employee in mind. Leveraging these innovations, the **ActivTrak Productivity Lab** is a global center for productivity research and expertise committed to helping organizations embrace the future of work. To learn more visit: <https://www.activtrak.com>.